

# [Www.healthyfife.net/apply](http://www.healthyfife.net/apply)

unless you systematically ask patients — and let them know you are concerned and would like to help — it may not be evident that patients are distressed.

[www.healthyfife.net](http://www.healthyfife.net)

men with a body mass index (bmi) over 30 are considered obese and at a higher risk for prostate cancer

[www.healthyfife.net/apply](http://www.healthyfife.net/apply)

[www.healthyfife.net/training](http://www.healthyfife.net/training)